

COACHING FAQ



**Be
Unstoppable**



Leela Bassi

BE UNSTOPPABLE

“Conquering your inner critics and achieving the “impossible”

What transformation can you expect?

How Self Belief get you above and beyond the “impossible”

Who is it for?

This unique and bespoke 1-2-1 UNSTOPPABLE programme is perfect for women ready to step up, step out, and shine into their greatness.



Hi!

My name is Leela, I am a Global Keynote Speaker, a transformational Coach, a motivational mumpreneur, and a runner.

After graduating, I moved to the UK where I met my husband who is Italian, we have two children who are both trilingual which makes us completely international 😊

After surviving an Arctic expedition, my whole outlook on life completely changed.

From that moment on, my mindset was transformed, I overcame several of my fears and I began to believe in myself all over again.

I left my corporate career in order to fulfil my vision of inspiring and empowering others.

This soul-searching journey led me to develop my own motivational speaking career which brings me to where I am today. I believe that we are all unstoppable and if we set our mind to it we can achieve anything in life.

Over the years I have gained invaluable coaching, mentoring, & leadership skills from successful entrepreneurs from every corner of the globe. As an ambassador for Toastmasters International, I've had the opportunity to share the stage with Worldwide Champions, lead individuals to nurture themselves, gain confidence & growth as well as overcome their fears.

In addition to countless renowned highly paid speakers and life coaches I also had the opportunity of learning from the one and only Philanthropist, Tony Robbins on how to 'Unleash The Power Within' by walking on hot coals and turning fear into power.

I say to you confidently that I am 100% here to help you reach deep within to find your inner resilience, break free from those self limiting beliefs, break down those barriers enabling you to bring out all the skills and attributes you already have. I only ever want the best for my clients, and as we work closely together we will create a special and unique bond that will transform your life.



IS “BE UNSTOPPABLE” FOR YOU?

Before we get started, please ask yourself and consider the following criteria when committing to The programme - In other words, can you give me a high-vibe honest **YES** to:

I am **coachable** – I am ready to take advice from and immediately implement what an expert in the biz shares with me to succeed and reach my goals and wildest dreams.

I want to create **new beliefs** that will support the lifestyle I’ve only dreamed about and allowing me become the best version of myself.

I’m ready to go **“ALL IN”** – I will dedicate myself to learn what it takes to grow both personally and spiritually – Because change is necessary in order to grow!

I have “figured it out” so far but now I’m feeling stuck in one or multiple areas and I don’t know how to **get over these obstacles**.

I’m **bursting with energy and passion** but I am scared of the unknown or not having the time to accomplish it.

I’ve thought about **changing my attitude** towards life but I’m not sure where or how to start, and I’m also worried about what others will think of me.

I am ready to have a **positive influence** on my friends and family so we can support one another.

I’m willing to **step out** of my comfort zone and create massive breakthroughs.

I’m prepared to **take action**, put in the work, and get results!



How is the programme going to help you transform your life/business?

Banish your inner critic and achieve the 'impossible'
Empowered way of thinking

Unbelievable mindset

Nurture your acquired skills to receive abundance with ease

Supercharge your confidence and self- belief

Thrive in consistent action without fear of failure

Open your mind to all possibilities (and believe!)

Positive long-lasting change for a transformed life

Pushing the barriers of your comfort zone

Ability to start before you are ready (because we never feel ready, money, job etc..)

Become the hero of your own story

Let things go but never forget (no unnecessary mental or emotional baggage)

Embrace the Queen within

What can you expect from the course, what features does it include?

Included in your carefully crafted “**Be Unstoppable**” programme you will get:

- 5 x **INTENSIVE** personal transformational empowerment sessions
- Exclusive programme and service with step by step personal guidance and support
- 1 x 90 minute call to start planning and immediately begin implementing change
- 1 x follow-up review session 5 weeks after programme completion
- Direct 1:1 access to me with unlimited email support
- Access to Resources/Downloads/Workbooks
- Recorded 1:1 sessions for personal review
- Weekly reflections & accountability recaps
- 24/7 Facebook Community
- Flexible start date.



Any guarantees?

It is often difficult to give guarantees in this industry because it really comes down to you: What you put into your programme is exactly what you will get out of it. However, if you are fully committed to follow all the strategies, techniques and guidelines we put in place together, then I can guarantee you will finish the programme with: Knowledge of mindset and clarity in direction to achieve your goals. An abundance of confidence in your own abilities as a fearless female entrepreneur ready to make an impact on the world. Knowing that I will have your back every step of the way, for as long as you need me. And of course, **CELEBRATING EACH & EVERY ONE OF YOUR SUCCESSES!!!**

Who is it not for?

You make excuses, complain and don't show up to invest in yourself

You lack passion for growth and change in your life

You don't believe that in order to transform your life you must invest in yourself, your skillset and your mindset

You are not coachable and unwilling to learn

This is a high-vibe, action-oriented programme, full of tasks needing to be completed in order to see any sort of results

